

Our Deepest Fear

OUR DEEPEST FEAR IS NOT THAT WE ARE INADEQUATE.
OUR DEEPEST FEAR IS THAT WE ARE POWERFUL BEYOND
MEASURE.

IT IS OUR LIGHT, NOT OUR DARKNESS, THAT MOST FRIGHTENS
US.

WE ASK OURSELVES, WHO AM I TO BE BRILLIANT, GORGEOUS,
TALENTED, FABULOUS?

ACTUALLY, WHO ARE YOU NOT TO BE?

YOU ARE A CHILD OF GOD.

YOUR PLAYING SMALL DOES NOT SERVE THE WORLD.

THERE IS NOTHING ENLIGHTENING ABOUT SHRINKING SO THAT
OTHER PEOPLE WON'T FEEL INSECURE AROUND YOU.

WE WERE BORN TO MAKE MANIFEST THE GLORY OF GOD THAT IS
WITHIN US.

IT IS NOT JUST IN SOME OF US, IT IS IN EVERYONE.

AS WE LET OUR OWN LIGHT SHINE, WE UNCONSCIOUSLY GIVE
OTHER PEOPLE PERMISSION TO DO THE SAME.

AS WE ARE LIBERATED FROM OUR OWN FEAR, OUR PRESENCE
AUTOMATICALLY LIBERATES OTHERS.

Marianne Williamson FOR

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